

POWER UP YOUR REVISION

WHY DO PEOPLE GO SO WRONG WITH REVISION?

- Don't know what revision is
- Choose strategies which research shows are ineffective
- Spend hours with very little effectiveness
- Ignore important information about how the brain works and rely on instinct.

THINK ABOUT *HOW WELL* RATHER THAN HOW LONG YOU REVISE

BY REVISING IN A SMARTER THAN AVERAGE WAY YOU WILL

- SPENT LESS TIME THAN MOST
- HAVE GREATER IMPACT THAN MOST
- USE THE TIME YOU SPEND REALLY EFFECTIVELY
- GET GREAT GRADES AND KNOW STUDY SKILLS TO
MAKE YOU EFFECTIVE AT YOUR NEXT STAGE OF
EDUCATION

REVISING or REVIEWING?

REVISING

The process of committing to memory information which has been previously encountered.

REVIEWING

Looking over previously encountered material to remind yourself.

COMMITTING TO MEMORY

Revisiting

24 hours – 1 week – 1 month

REVISION IS...

Essential to secure grades over a

3

TWO TYPES OF CAPACITY

STORAGE
CAPACITY

RETRIEVAL
CAPACITY

POOR REVISION

- BBC Bite Size
- Writing notes (prep for revision)
- Highlighting notes
- Reading the textbook
- Reading notes
- Reading a revision guide
- Giving partial attention due to distractions

The best method to revise, and why people don't use it.

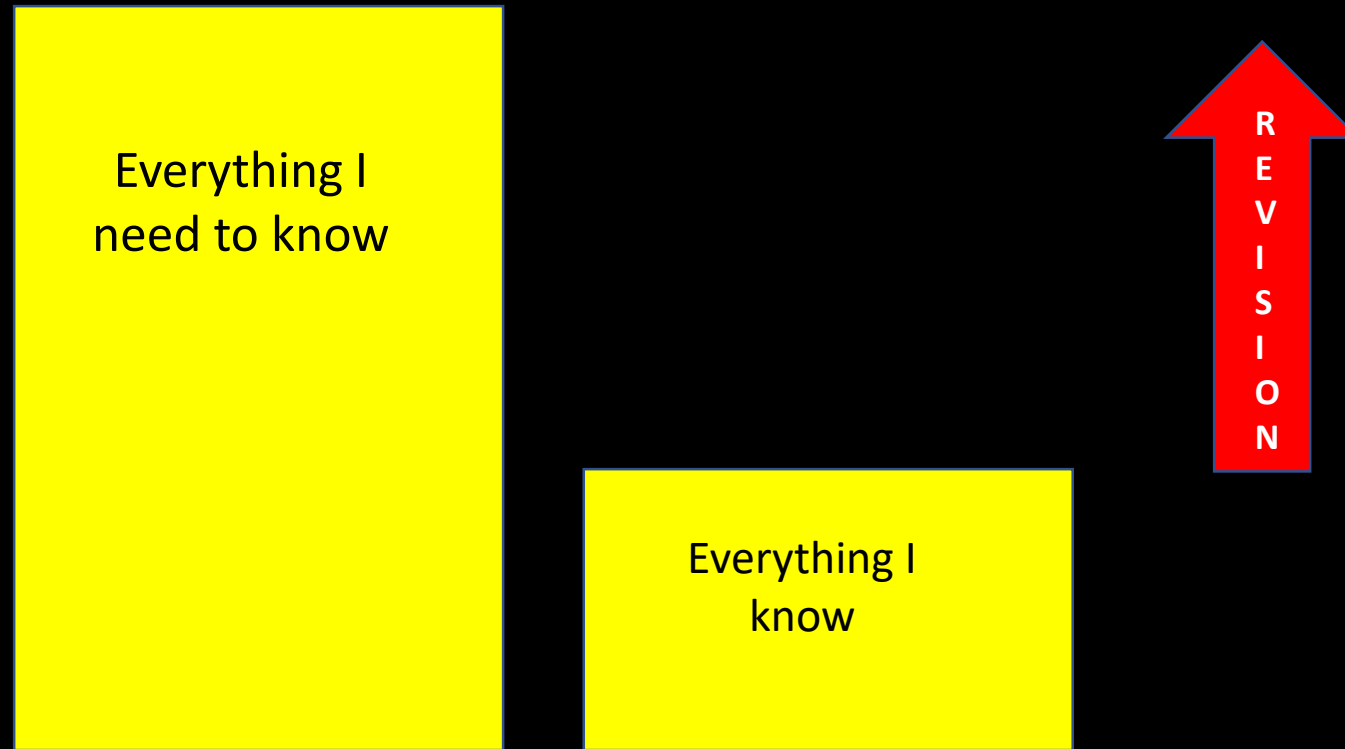
- INCREASE RETRIEVAL CAPACITY OVER STORAGE CAPACITY
- RETRIEVING NOT REMINDING
- DIFFERENCE BETWEEN SHORT-TERM and LONG-TERM REVISION
- CONFIDENCE IN WHAT YOU THINK YOU KNOW, RATHER THAN LACK OF CONFIDENCE IN WHAT YOU CAN'T RETRIEVE.

How am I doing?

Working hard?

Time or effectiveness?

Find the Gap



Four Revision Principles

- Face your Fears
- Know what you don't know
- Pay it forward
- Test your Progress

Face your fears

- What subjects/topics? Do I need to revise most to close that gap?

Know what you don't know

- You can revise knowledge, you can't revise understanding
- If you don't understand then solve it: You Tube, friend, study guides, teachers.
- Did you miss some lessons? Are there notes/information and knowledge you missed for some reason. Know your gaps.
- Avoid comfort revision

Pay it Forward

- Set up patterns and routines now which you can expand as exams get closer.
- Revisiting information
- Study habits – set rules and stick to them
- Start small – posters up, last thing before bed, accumulate
- 3x20 minutes rather than 1x60 minutes
- 3 sessions a day to expand.
- Include recap of previous learning as session one.

Test your progress

- Test yourself, the only way to know you're moving
- You might write tests, have flash cards with answers on the back, use computer programs, revision guide tests, in-class tests
- The only satisfaction from revision is seeing that gap closing, so keep checking
- Anything you don't remember gets written on a 'cheat sheet' for a laser beam approach to revision

Key points

- Work on retrieval
- 3x20 minutes rather than 1x60
- Revisit 24hr, week, month
- FACE YOUR FEARS
- KNOW WHAT YOU DON'T KNOW
- PAY IT FORWARDS
- TEST YOUR PROGRESS